PROGRAMMA MASTERCLASS: **MDT AND THE ATHLETE**

**DAY 1**

**08.30** SIGNING IN

**08.45** INTRODUCTIE

**10.30** BREAK

**10.45** ASSESSMENT / DIAGNOSIS

Considerations in history taking and physical exam in relation to athletes

Algorithm for diagnosis of the athlete

Responses to mechanical loading

**12.30** LUNCHBREAK

**13.15** DERANGEMENT AND CONTRACTILE DYSFUNCTION

diagnosis/ treatment / training

**15.00** BREAK

**15.15** DERANGEMENT AND CONTRACTILE DYSFUNCTION CONTINUED

**17.00 END OF DAY 1**

**DAY 2**

**08.30** REHAB PROGRAMS IN CONTRACTILE DYSFUNCTION

**09.30** SAFE RETURN TO COMPETITION

**10.30** BREAK

**10.45** CASE STUDIES RELATED TO DERANGEMENT AND CONTRACTILE DYSFUNCTIONS IN ATHLETES

**12.30** LUNCH

**13.15** PREVENTIE

**15.15** BREAK

**15.30**

CASE STUDIES

REFLECTIVE LEARNING

CLOSING DISCUSSION

**17.00 END OF DAY 2**